



SUPERVISION AGREEMENT

Terms & Conditions

Supervisors:

All Supervisors working with Jigsaw Counselling & Consultancy Services are individual and accredited members of the British Association for Counselling & Psychotherapy (BACP), each has their own professional liability insurance and are qualified experienced and trained to provide clinical supervision.

Code of Ethics:

It is a requirement of the BACP that all supervisors whatever their background or approach, also receive regular clinical supervision, which ensures they are working safely and ethically. This is to protect the supervisees they work with as well as themselves.

At Jigsaw we work within the Framework of the BACP code of ethics & practice and are subject to the complaints procedure therein.

The fundamental values of counselling and psychotherapy include a commitment to:

- *Respecting human dignity & rights*
- *Ensuring the integrity of practitioner/service user relationships*
- *Alleviating personal distress & suffering*
- *Fostering a sense of self that is meaningful to the person(s) concerned*
- *Increasing personal effectiveness*
- *Enhancing the quality of relationships between people*
- *Appreciating the variety of human experience and culture*

Taken from: Values of Counselling & Psychotherapy – **BACP** (*Ethical Framework for Good Practice in Counselling & Psychotherapy*)

We will use the above Ethical Framework for group or clinical supervision outside of the counselling/psychotherapy arena.

Group/Individual Confidentiality:

Whilst the content of all supervision/mentoring with Jigsaw is highly confidential within the supervisory relationship, there are occasions when we may be required to break this confidence, these occasions are:

- When it is presented that there is risk of harm to a service user or his/her family or others such as a child or children – which includes neglect, physical, sexual and psychological harm.
- When there is risk of harm to ones self or another person (this includes any indication of suicide or self harming behaviour)
- When informed of a proposed act of terrorism
- When informed of a proposed act of money laundering or criminal act that has not been currently disclosed.

Any break in confidentiality would be discussed in individual or group work before action would be taken.

If providing group supervision - there will be a group confidentiality contract drawn up after the first meeting.

Session Length & Content:

The required amount of supervision is as follows:

“Has a contract for counselling/psychotherapy supervision for a minimum of one and a half hours per month for each month in which practice is undertaken”

Group Sessions are regulated for the following time & content limits:

20 minutes – Client Case Load Issues per group member

10 minutes – Group Feedback

Please note that any of the above is interchangeable so that the supervisee is uninhibited and able to get the most from supervision at all times.

Cancelling Supervision Sessions:

- Jigsaw requires at least 4 full working days (mon-fri) to notify of a cancellation.

Please note: that in signing this form you agree to the conditions as above:

Supervisee's signature _____

Contact Number: _____

Please Print Name: _____

Address _____

Supervisors Signature _____ Date _____